



For Muslim Counsellors,  
Psychologists, Academics,  
Professionals, Teachers,  
Ulama, Community Leaders  
and all interested parties

Online  
**IPMH**  
2023

1<sup>st</sup>

International  
**ONLINE CONFERENCE** on

# Islamic Psychology *and* **Mental Health**



**SUNDAY, 26<sup>TH</sup> FEBRUARY 2023**  
LIVE ONLINE CONFERENCE

[www.albalaghacademy.org/conference/](http://www.albalaghacademy.org/conference/)

## **YOU ARE INVITED!**

We invite you all to Al Balagh 1st International Online Conference on Islamic Psychology and Mental Health with great pleasure. This needed event will explore the role of spirituality as an essential part of preventing and treating mental illness in light of Islam.

Join intriguing discussions on the contemporary ethical dilemmas related to psychology and Counselling. The conference is designed to provide you with most up-to-date knowledge on how Islam delivers a sense of purpose and emotional fulfilment through attachment to God, how spirituality and religiosity are also associated with better mental health and how they have been identified as essential aspects of preventing and treating mental illness.

The event will be dedicated to exploring why there is a need to grow Islamic psychology, its foundations, how it can address the growing concerns of mental health, how you can become part of this movement, and finally, the future of Islamic psychology and mental health services.

## **KEY FEATURES**

- 15+ Renowned Speakers
- 3 Panel Discussions
- Keynote Speeches
- Presentations
- Extensive Q&A
- 24/7 Access to Material
- Access to HD Video Recordings
- Networking Opportunities
- Digital Certificate

## OUR SPEAKERS

Al Balagh Academy brings you a golden opportunity to share a platform with globally renowned thought leaders and Muslim scholars with expertise in contemporary trends in Psychology and Islamic sciences.

This online conference will update you on the hot topics related to mental health in a blend of intellectual, practical and theological perspectives regarding some of the most challenging areas. We will be inviting discussions, proposing solutions and more.



**Professor Ghulam Rassool**  
Professor of Islamic Psychology



**Prof Abdur Rasjid Skinner**  
Consultant Clinical Psychologist, University of Sheffield, UK



**Dr Nesip Mustafa Merter**  
Founder and President of 'Ilm of Nafs', Former President of Turkish Transpersonal Psychology & Psychiatry National Association, Turkey



**Dr Muhammad Tahir Khalily**  
Prof. of Clinical Psychology & Dean Faculty of Social Sciences Shifa Tameer-e-Millat University, PK



**Dr Hooman Keshavarzi**  
Founding Director, Khalil Center, USA



**Dr Abdallah Rothman**  
PhD, Executive Director International Association of Islamic Psychology, UK



**Shaykh Dr Rafaqat Rashid**  
Al Balagh Academy, London, UK



**Shaykh Bilal Ali Ansari**  
Chair Department of Hadith, Chair Academic Advisory Committee Darul Qasim, USA



**Dr Fahad Khan**  
Licensed Clinical Psychologist, USA



**Shaykh Dr Mahbub Khan**  
Chartered Psychologist, NHS Foundation Trust, UK



**Ziyad Serhan**  
CEO and Lead Instructor at educAID Australia



**Seyed Jamaluddin Miri**  
Director, International Students of Islamic Psychology, Sweden



**Sister Haleh Banani**  
Faith-based Counsellor & Mental Health Professional

## KEY TOPICS

- Why Islamic Psychology?
- Foundations of Islamic Psychology
- The Future of Islamic Psychology and Mental Health Services

## THIS CONFERENCE IS FOR YOU!

University Students, Graduates, Professionals, Sharia Scholars, Academics, Intellectuals, philosophers, Researchers, Islamic Academies, Muslim Educational Institutions, and those interested in Islamic perspectives on contemporary Western Ideologies.

## In Association with



Ihsaan



Places Are Limited | Reserve Your Place

[www.albalaghacademy.org/conference/](http://www.albalaghacademy.org/conference/)

DEADLINE: 25<sup>TH</sup> FEBRUARY, 2023



**Registration Fee Starting**

From: £9.99



**Sunday, 26<sup>th</sup> February 2023**

9:00 AM – 7:15 PM (London, UK)



**Live Online Conference**

4:00 AM – 2:15 PM (New York, USA)



00 44 7946 835578



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