



Online
IPMH
2025

For Healthcare Professionals,
Psychologists, Counselors, Academics,
Muslim Scholars, Students, and
Anyone Interested in the Intersection
of Faith and Mental Health

2nd

International
ONLINE CONFERENCE on

Islamic Psychology *and* **Mental Health**



SUNDAY, 16TH FEBRUARY 2025
LIVE ONLINE CONFERENCE

www.albalaghacademy.org/conference/

YOU ARE INVITED!

We are excited to invite you to the Al Balagh 2nd International Online Conference on Islamic Psychology and Mental Health. This much-needed event will explore the critical intersection of faith and mental health, emphasizing the role of Islamic psychology in addressing the unique psychological needs of individuals, particularly in a world that often overlooks the spiritual dimension of well-being.

Join us for thought-provoking discussions on how Islamic psychology bridges the gap between spirituality and mental health. The conference is designed to provide you with valuable insights into the integration of Islamic teachings with modern therapeutic practices. You will learn how faith and spirituality contribute to emotional fulfillment, healing, and mental wellness.

The event will cover a variety of topics, including the challenges of integrating Islamic psychology into modern mental health practices, innovative faith-based interventions for trauma and wellness, and the principles of Islamic psychotherapy. It will also offer an exploration of how Islamic psychology can collaborate with and enrich conventional psychological approaches.

This is a unique opportunity to engage with world-renowned experts and professionals who are advancing the field of Islamic psychology. We look forward to having you join us as we explore the future of Islamic psychology and its role in shaping mental health services globally.

KEY FEATURES

- 12+ Renowned Speakers
- 3 Panel Discussions
- Keynote Speeches
- Presentations
- Extensive Q&A
- 24/7 Access to Material
- Access to HD Video Recordings
- Networking Opportunities
- Digital Certificate

OUR SPEAKERS

Al Balagh Academy offers you a unique opportunity to engage with world-renowned thought leaders and Muslim scholars specializing in Islamic psychology and contemporary mental health.

This online conference will provide insights into key mental health topics, blending intellectual, practical, and theological perspectives. Our expert speakers will address the challenges of integrating Islamic teachings with modern therapeutic practices, offering innovative solutions. Join us for thought-provoking discussions on the role of faith in improving mental well-being, and contribute to shaping the future of Islamic psychology in mental health care.



Professor Ghulam Rassool
Professor of Islamic Psychology



Prof Abdur Rasjid Skinner
Consultant Clinical Psychologist, University of Sheffield, UK



Dr Bagus Riyono
M.A., Psychologist, President IAMP, Insan Kamil Foundation



Dr Muhammad Tahir Khalily
Prof. of Clinical Psychology & Dean Faculty of Social Sciences Shifa Tameer-e-Millat University, PK



Dr Hooman Keshavarzi
Founding Director, Khalil Center, USA



Dr Mahdi J. Qasqas
Psychologist, Researcher, and Founder of Qasqas & Associates



Shaykh Dr Rafaqat Rashid
Al Balagh Academy, London, UK



Professor Dr Akbar Hussain
Renowned Scholar in Islamic Psychology and Counselling



Dr Fahad Khan
Licensed Clinical Psychologist, USA



Shaykh Dr Mahbub Khan
Chartered Psychologist, NHS Foundation Trust, UK



Dr Hanan Dover
Clinical & Forensic Psychologist, PsyBA Supervisor



Dr Bibi Jan
Founder of NOCP, BTC, Co founder of Club HEAL

KEY TOPICS

- Bridging Faith and Modern Mental Health: Challenges, Integration, and Spiritual Healing in Islamic Psychology
- Faith-Based Healing and Wellness in Islamic Psychology
- Principles and Practice of Islamic Psychotherapy

THIS CONFERENCE IS FOR YOU!

This conference is designed for psychologists, therapists, counselors, mental health practitioners, academics, and students interested in integrating Islamic psychology with mental health practices. It also caters to Muslim scholars (Ulama) who wish to explore how Islamic teachings can enhance mental health, as well as Muslim healthcare leaders and organizations. Whether you're seeking to expand your understanding of Islamic approaches to mental wellness or explore new therapeutic methodologies, this event will offer valuable insights. All participants will receive a Certificate of Attendance upon completion.

In Association with



Ihsaan



Places Are Limited | Reserve Your Place
www.albalaghacademy.org/conference/
DEADLINE: 15TH FEBRUARY 2025



Registration Fee Starting
From: £9.99



Sunday, 16th February 2025

9:00 AM – 7:15 PM (London, UK)
4:00 AM – 2:15 PM (New York, USA)



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